

# WHAT YOU CAN EXPECT FROM A Y SERVICE

At the YMCA we believe children and young people who attend our services, programs and events should feel safe and be safe. This means being cared for and feeling confident to participate in our activities.



All YMCA staff do their best to make sure children here are protected from any harm.



It is not okay for anyone to hurt your feelings or your body.



It is okay for you to say NO to an adult if they ask you to do something that makes you feel unsafe or uncomfortable.



If you ever feel unsafe, uncomfortable or upset we will listen to you, take you seriously and act to help you.



It is always okay to tell someone if you are not feeling comfortable or safe or if you have been hurt.



If you are unhappy with the way you are being treated please tell one of our staff or someone you trust.

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## YMCA Ballarat

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